

### ABSTRACT OF THE DISCLOSURE

The disk recording and reproducing device has a slide plate slidable by a drive element through a rack. When the slide plate slides, the disk is pulled in a horizontal direction from a disk ejecting position and thereafter is lowered vertically and positioned in a disk writing/reading position in which information can be written on and read from the disk by an optical pickup. The slide plate has switch triggers, and a switch having contact pins detectable by the switch triggers is mounted on a chassis. While the disk is moving from the disk writing/reading position toward the disk ejecting position, one of the contact pins is operated by the switch trigger of the slide plate, and the disk is held in a disk standby position which is spaced a predetermined distance from the objective lens of the optical pickup.